



Newsletter

Is your car making you sick?



When was the last time you had your cabin filter checked or replaced?

Sick car syndrome is real and its effects may be more harmful to the health of passengers than just a bad smell.

Cabin filters are located in the air conditioning unit and are designed to stop dust, pollen and other pollutants from entering and circulating within the interior of the vehicle.

There have been many studies on sick car syndrome. Most agree that the main source of the problem is the heating, ventilation and air conditioning unit.

The moist environment in the evaporator unit allows nasty things like mould, mildew and fungi to grow. As air passes over the evaporator it picks up these microbes or their waste and pushes them into the passenger compartment through the vents.

These microbes are the potential source of various ailments that can affect passengers.

It's the prolonged exposure to the microbes that earned the name 'sick car syndrome'.

People, especially those with young children, are becoming increasingly aware of environmental health issues. Some of the reactions can include sneezing, coughing, eye irritation and drowsiness.

Sometimes there is a noticeable odour, but at other times there may be no sign of a smell.

The reality of sick car syndrome is something that all the world's auto manufacturers are actively concerned with and they've devoted enormous resources to prevention or control.

With summer approaching, this is the time to be aware of this potential problem and use it to highlight the good sense of having the air conditioning system checked at least once a year and replacing the cabin filter.

An additional service can also include an anti-bacterial treatment to kill off any of the nasties growing in the air conditioning unit before they become a problem.

So let us put your concerns to rest with a complete air conditioning system check over and treatment if necessary.

Happy motoring!

Abbotts Auto Care
33 Margaret Street, Southport
Phone 5591 7500